

# PROGRAMS

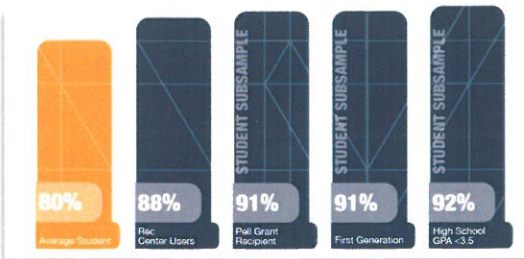
WVU Campus Recreation serves the students, faculty/staff and campus community by supporting a culture of well-being. Our commitment to healthy living includes creating and promoting opportunities to be active.



# STUDENT SUCCESS

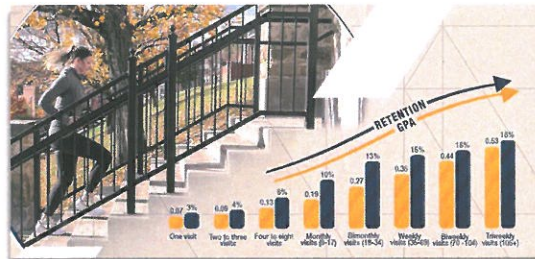
Campus Recreation participation strengthens student engagement. Studies show student campus recreation participants have higher GPA, retention, and graduation rates, as well as health and wellness benefits.

Our ongoing research seeks to contribute to the growing published peer-reviewed literature connecting recreation participation with student outcomes. We use data-driven statistical approaches, connecting study findings to implications for professionals and campus leaders across colleges and universities. Given we employ over 300 students, we also focus on leadership development of our student employees.



## Predicted retention rate for rec facility users compared to the average

Results show a positive and significant relationship between recreation facility use and retention. Subsample analyses using matched sample suggest larger impact of facility use (up to 12% points retention) for students at risk for drop out.



## Recreation facility visits and academics: outcomes compared to non-user

Recreation facility use has significant relationship with GPA and first year retention: 3% points higher retention and .07 points higher GPA at one visit, with stair step pattern to 18% points higher retention and .53 points higher GPA at triweekly.

## FAST FACTS

2021-2022



**300,000+**

Visits to Student Rec Center annually



**3,000+**

Aquatics counts monthly average



**28**

Intramural sports offerings for all students, faculty, staff and spouses



**46**

Clubs in Club Sports program, such as competitive cheer, dodgeball, lacrosse, quidditch and weightlifting



**50+**

Fitness offerings, from a fully-equipped F45 studio to stress-relieving yoga



**243**

Kids Night Out participations

## STUDENT SUCCESS

## FAST FACTS

2014-2017

**8%**

Points higher first-year retention for weekly+ recreation facility users

**12%**

Points higher first-year retention for weekly+ recreation facility users with drop out risk

**+0.35**

Points higher GPA at weekly recreation facility visits compared to non-user

**3.17**

Average GPA 2018 student employee, 0.16 points higher than non-campus rec employees, controlling for various student demographics, including high school GPA and income