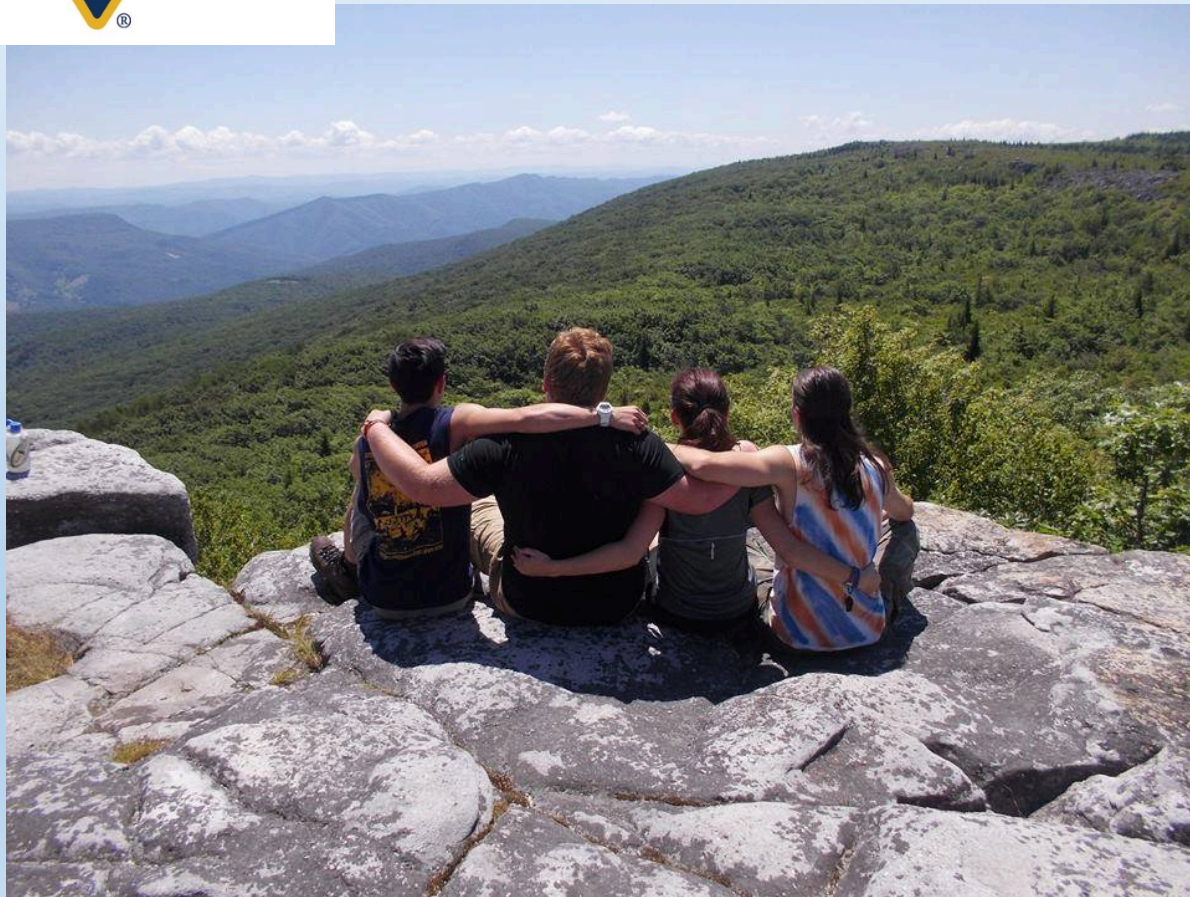




First-Year Trips

Summer 2018



First-Year Trips Overview

Optional, pre-college trips and programs for incoming first-year students to assist in their transition to WVU.

Program options vary in length, intensity, activities, depth of adventure, and level of challenge.

- **Small groups** of students with upperclassman leaders
- **Team-building** activities and initiatives
- **Adventure activities:** hiking, rock climbing, backpacking, whitewater rafting, service, Via Ferrata, etc.
- **Daily discussions:** Making the Transition, Resources for Success, Diversity and Inclusion, Healthy Decisions
- **Community:** students live, travel, cook, play, & learn together
- **No cell phones** (it's a big deal!) – providing a letter in 2018
- Programs are **\$95 or free** for Pell Grant eligible Students!

Trips are designed to...



1. Meet other incoming first-years and develop a foundation of **supportive relationships**
2. Set **goals** and reflect on **values** for college
3. Experience **independence** and **personal responsibility** in a facilitated environment
4. Develop **self-awareness** through challenge and reflection
5. Foster positive **relationships with WVU**
6. Contribute towards **teamwork, leadership, & service**
7. Experience fun **outdoor** recreational opportunities

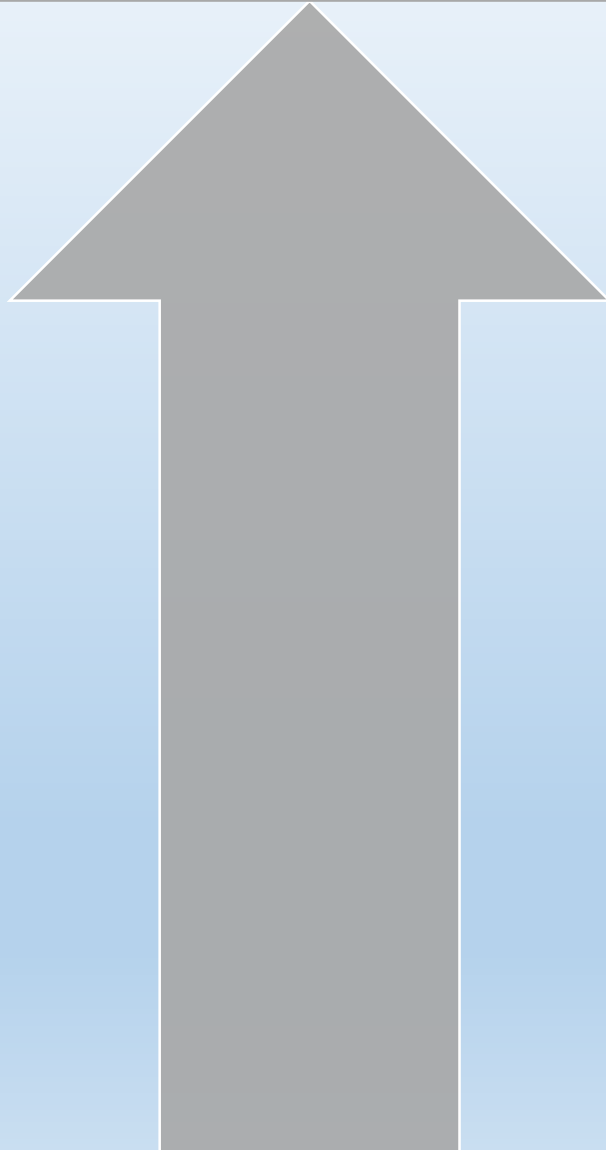
Summer 2018 Simplified

- 1. Trips run Saturday-Thursday every week of the summer**
 - Mountaineer Quest Monday-Friday
 - Early Move-in Trips special schedule to end on FMI
- 2. Each week has the same array of trip 6-7 trip model offerings**
 - students choose the trip model they want and the week that works with their schedule!
- 3. Many partnership offerings in 2018**
- 4. ALL Trip Models are for-credit: All students who participate on a FYT will receive one additional credit towards their required First-Year Seminar**

First-Year Trip Models

Trip Model	Days	Accommodations	Credit	College-specific trips available	Hike	Service	OEC	Rafting	Rock Climb	Back-packing	Via Ferrata	Cass Train
Mtnr. Quest	5 days	Camp Muffy cabins and dining hall	Yes	✓ (8+ options available)	✓	✓	✓	✓	✓			
Service	6 days	Tent camping	Yes	✓ (Honors option)	✓	✓		✓	✓			
Odyssey	6 days	Tent camping and rustic cabin/yurt	Yes	(FIS option)	✓		✓	✓	✓			
Wilderness	6 days	Tent camping and rustic cabin/yurt	Yes		✓					✓	✓	
Explore	6 days	Tent camping	Yes	✓ (Engineering option)	✓			✓		✓		
Transfer	6 days	Tent camping	Yes		✓	✓		✓	✓		✓	
Scenic	6 days	Tent camping	Yes		✓			✓	✓			✓

Growth



2018

1,300 Students

2017

1,100 Students

2016

1,000 Students

2015

600 Students

2004-2007

Growth from 136-548 Students

2003

14 Students on pilot program

The Total Numbers for 2018

11 Weeks of trips

4-11 Trips each week

67 Total trips

15 Explore, 15 Odyssey, 10 Wilderness,
16 Quest, 9 Service, 1 Transfer, 1 Scenic

50 student staff members

1,300 student spots

Staffing

- First-Year Trips are run by an Associate Director, two Program Coordinators, and Graduate Assistant, with the support of other professional staff in the AWW program
- Most students/parents who call in will talk to our office manager Kelly Keifer
- Trips are led by student leaders
 - Selective application process
 - 600+ hours of training (well above national average of 300 hours, includes a 3-credit Spring Semester course, Weekend trainings, & week-long training trip)
 - Wilderness First Aid certification included
 - Supported by 24/7 on-call personnel during trips

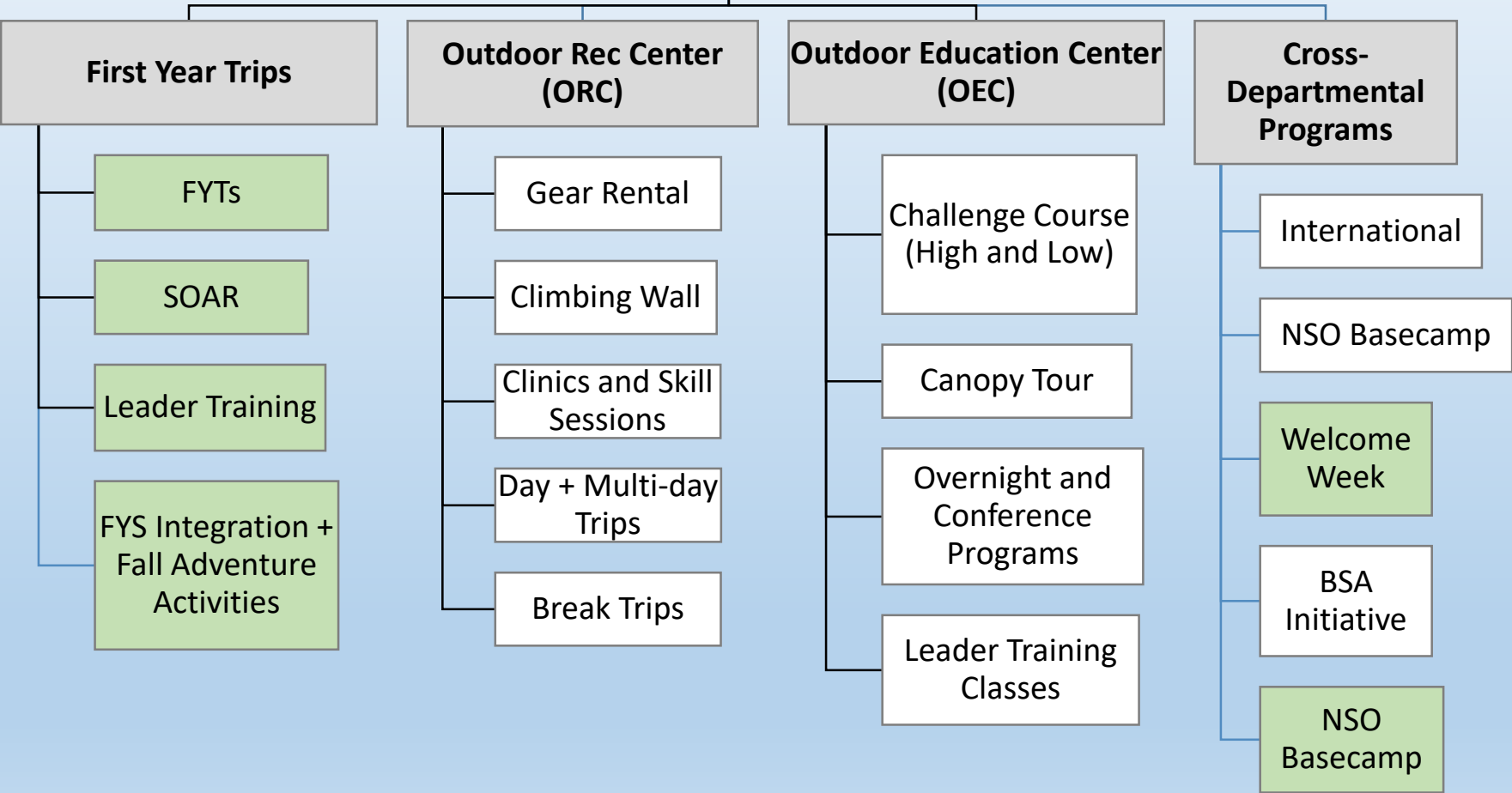
Impact



- Increased **First-Year Retention**
- Increased **GPA, graduation rates, and sense of belonging**
- **9% change** in retention rate from those who participated to those who didn't (in-state students) (2012-2013)
- **10% change** in retention rate from those who participated to those who didn't (out-of-state students) (2012-2013)
- **99% of participants** would recommend this trip to another incoming student
- **99.6% of participant parents** would recommend this trip to other parents of incoming students

FYT are just a small part of AWWV

Adventure West Virginia



Conclusion



We are here to be a part of improving the First-Year Experience, assist in students' transition to college, and partner with other areas of WVU for student success.

We are growing and expanding!

Keep an eye on
(and refer students to)
Adventurefirstyear.wvu.edu

Registration for 2018 trips opened Monday, Feb 5th and are filling up fast

Upcoming Workshop Opportunity!

- **WHO?:** WVU Students, Faculty, Staff
- **WHAT?:** “Plan Your Summer Adventure” workshop
- **WHEN?:** Tuesday, April 17th, 7:00 – 8:30 p.m.
- **WHERE?:** Outdoor Rec Center
- **WHY?:** Learn how to plan various aspects associated with an outdoor adventure
- **HOW MUCH?:** FREE! but you’ll need to register in advance: [Plan Your Summer Workshop Registration](#)